

# RESTORING RESILIENCE



## WORKING WITH KIDS WORKSHOP FOR PRACTITIONERS

**Improve your skills - work with kids via Neuroscience (The Polyvagal Map)**

*Want to bring about genuine, long lasting change when working with kids or youth?*

*This workshop will help you learn skills that make a direct difference.*

*Learn the significance of and appropriate responses to physiological states that will bring on behavioural and emotion regulation*

Help kids and Teens regulate their emotions and feel better by using the latest Neuroscientific Framework, Somatic and Gestalt Therapy Interventions.

To ensure your place email or call either  
Anna Skolarikis on 0403 433 346  
[annaskolarikis@restoringresilience.com.au](mailto:annaskolarikis@restoringresilience.com.au)  
or Phyllis Traficante on 0412 306 965

[phyllis.traficante@restoringresilience.com.au](mailto:phyllis.traficante@restoringresilience.com.au)  
to lock in your preferred date

**WHEN**  
**ONE DAY WORKSHOP**  
9TH OCTOBER, 2019

**WHO**  
Youth workers | Social Workers | Counsellors | Tutors |  
Integration Aids | Childcare Workers | Teachers | Police  
Officers | Youth Work Carers  
Anyone that works with youth

This workshop was developed in collaboration with, and is endorsed by, child psychologist, family therapist, Somatic Experiencing international trainer, world leading expert in treating child trauma, Maggie Kline. Maggie, in conjunction with Somatic Experience founder Peter Levine, co-authored the international best seller 'Trauma Through a Child's Eyes'.

### Testimonials:

"Vast knowledge and experienced facilitators that combined theory with interactive activities and case studies. Great opportunity to consider how these practices can be adopted into our work. THANKYOU! (best PD I've ever attended in forever)." Vanessa, Youth resource centre, Feb 2019.

"Fantastic facilitators! I loved the activities and examples on how to work with young people. They polyvagal chart was the best thing! It opened my eyes on how to work with young people when they are in these states and gave me a greater insight and understanding on how I can now apply this to working with young people." Mattie, Feb 2019.

"It was invaluable to be able to talk about current clients and how to apply the new interventions" -  
Counsellor Kate, Nov 2018

- Learn to use a potent psychobiological approach to working-with kids/ teens
- Morning and afternoon tea
- Guaranteed small group size for personalized training, that is, 5 participants to 1 facilitator
- The group is facilitated by 2 highly experienced educators that are Youth Counsellors, Family Therapists, Gestalt Therapy & Somatic Psychotherapists, and Counselling Supervisors

**WHERE**  
Gestalt Centre - Phillips Room  
622 Lygon St, Carlton North, Vic. 3054  
Participants can access free 2-hour parking on the street and all-day metered parking (\$1 per hour) on the north facing side of the road. There is ample room for cycle and motorbike parking on site room.

**TIME:** 9:30 am – 4:00 pm

**COST**  
\$280 - Payable to secure your place. Payment options: cash, bank transfer or credit card

[www.restoringresilience.com.au](http://www.restoringresilience.com.au)