

Becoming a provider on the Trauma Support Directory

If you are a trauma-informed mental health professional, you can apply to be on the [Trauma Support Providers' Directory](#). The Trauma Support Providers' Directory lists a range of mental health practitioners who have qualifications, experience and expertise working with clients who have experienced complex trauma.

If after reviewing the below criteria, you believe you are eligible and would like to be registered as a provider on the Trauma Support Directory, please click on the [Practitioner Login](#) button situated on the top right hand corner of the page.

Listing on the Directory is via a self-assessment, registration and approval process.

Step 1: Self-assessment

Accreditation

To meet accreditation and be listed on the Directory, Trauma Support Providers must meet a set of accreditation standards. There will be no independent, formal evaluation of a provider's capacity to meet the standards. Providers will be asked to complete a self-assessment checklist and make a declaration that the information being provided is true and correct. Upon signing the declaration, it will be the sole responsibility of the Provider to maintain their eligibility to be listed on the Directory.

To meet accreditation for inclusion on the directory, practitioners must meet the following criteria:

CRITERIA A:

1. Inclusion in the Blue Knot Foundation database

OR

1. Have a recognised health qualification - minimum undergraduate level
2. Registration with relevant professional body for those professions regulated by AHPRA
3. Membership of relevant professional association for self-regulating professions (For Counsellors: ACA Level 3 or 4 Member or PACFA Clinical Registrant; For social workers: Accredited mental health social workers)
4. Minimum of 3 years' professional experience delivering clinical services to adults affected by complex trauma
5. Specific qualifications or completed professional development in relation to clinical skills for treatment of complex trauma
6. Specific qualifications or completed professional development in relation to skills and competencies in the delivery of trauma-informed approaches

AND

CRITERIA B:

1. Willingness to undertake CPD relevant to complex trauma and/or trauma-informed approaches
2. Receive 10 hours peer consultation per annum related to your practice in complex trauma
3. Have a current network of appropriate community referral sources

After completing the self-assessment against these criteria, practitioners will be asked to make a declaration about participating in the Directory, the obligations providers must meet and the privacy policy.

Step 2: Registration

Practitioners are required to provide your membership number and upload a copy of their membership certificate. The Directory manager will check each certificate and only applications with a certificate will be processed.

Providers submit their details to create their professional profile which will be available to the public. Providers are asked to provide information related to their general contact details, practice location/s, and a detailed description about their expertise and ways of working with people who experience complex trauma. This will form their professional profile.

Practitioners have access to:

- Resources to assist practitioners write their profile for the Directory
- Trauma-informed Care and Practice language for Clinicians from a Survivor perspective

For more information please visit the [Resources page](#).

Brief for practitioners on completing a submission to directory from the perspective of a Survivor

When considering the information you provide for your profile, please have a think about the things that Survivors want to know.

1. **What is your history in working with trauma?** – a brief overview of the trauma informed work you have done and why you do what you do.
2. **How do you manage expectations?** – an explanation of what kind of service you offer, including how and why you offer it i.e. counselling/alternatives and what kind of referral supports you have around you to support the needs of the survivor if it differs from what you offer.
3. **How do you plan your sessions?** – explain your work limitations in relation to timing of appointments, waiting times, minimum number of appointments for Complex Trauma cases, cost structure, individual and/or group work, cancellations and what kind of space you work in i.e. clinic/shared space/homely/open/reception (give detail about the physical space you use and how this supports the safety of the individual).
4. **What if I become overwhelmed?** – explanation of your experience of working with survivors and how you physically and therapeutically manage survivors when we feel overwhelmed.
5. **How is your work trauma informed?** – explanation of how you embed the trauma informed principles (as noted on the Glossary page) into your practice.
6. **Why do you want to work with people with Trauma?** - explanation of what motivates you to work in this space
7. **How do you keep yourself up to date in relation to Trauma and Survivorship?**- explanation of how you keep up to date with contemporary thinking in the area of Trauma
8. **How to you know you are doing a good job?** - explanation of what you do if your approach

Step 3: Approval

Providers will receive an email with login details to access their personalised Practitioner Dashboard to make necessary changes to their personal details and professional profile.

Upon signing the declaration, practitioners are responsible for maintaining their eligibility to be listed on the Directory. Approval is for a 12 month period only, at the end of which practitioners will be required to confirm their continued eligibility and to resubmit their registration.