Approved Modalities
You must be qualified in the modalities you practice to be covered. The following are all approved modalities.

- Accunect
- Accupoint therapy
- Acupressure
- Acupuncture
- Actively Ageing Practitioner
- Alexander technique
- Allergy testers
- Animal Therapy (excluding race horses)
- Antenatal Classes (excluding delivery advice)
- Aqua Aerobics
- Aqua Fitness
- Aquatic Resistance Training
- Aromatherapy
- AromaTouch
- Art Therapy
- Atlas Profilax
- Atlas Reconnect
- Attractor Field Therapy
- Audiologists
- Aura-kinetic training
- Auro soma
- Australian Bush Flowers Therapy
- Aviva Method
- Ayurveda
- Barre
- Bio Acoustical Utilization Device (BAUD)
- Biochemic Cell Salts
- Bio-Energetic Healing
- Biofeedback
- Biofrequency
- Biomagnetic
- Biomesotherapy
- Bio-Resonance Matching
- Body Balance
- Body Code Practitioner
- Body harmony
- Body talk systems
- Body Transformation
- Bowen Technique
- Boxercise (as part of fitness only - non body contact)
- Brain Gym
- Brandon Raynor
- Breathwork
- Brennan Healing Science – “Energy Healing Work”
- Building Biologist
- Buteyko breathing method
- Cellulite Treatment
- Chakradance
- Chi Ball
- Chi Gong
- Chi nei Tsan
- Chinese herbal dispenser
- Chinese medicine
- Coaching
- Colon Hydrotherapy
- Colonic Irrigation
- Colour & Sound Vibration Therapy
- Colour therapy
- Counsellors
- Craniosacral therapy
- Crystal therapy
- Cupping
- Dance therapy
- Dancing For Birth
- Dental Hygienist
- Detox Foot Spa Treatments
- Diagnostic Sleep Study and CPAP Treatment Service
- Dietitians
- Diversional Therapy
- Dorn therapy
- Doula
- Drama Therapy
- Dry Needling
- Ear candling
- Ego State Therapy
- Electro acupuncture
- Embodiment of Yoga
- Emmett Technique
- Emotion Code Practitioner
- Emotional freedom techniques
- Endermologie
- Essences of Angels
- Exercise physiology
- Face Painting
- Facial harmony
- Feldenkrais
- Feng shui
- Flower remedies
- Focusing
- Food Coaching
- Frequency Specific Microcurrent (Bodyfield Analysis)
- Functional Facial Tapping
- Gym Supervision
- Gyrotonic
- Hahnemann Healing
- Halo Therapy
- Hand Therapy
- Healing energy
- Healing touch
- Heat Lamp Therapy (TDP)
- Hellerwork
- Herbal medicine
- Herbalists
- Holographic Kinetics
- Homeopathy
- Horstmann technique
- Hydrotherapy
- Hyperton-X
- Hypnobirthing (excluding delivery advice)
- Hypnotherapy
- Hypproxi Weight Loss
- IFAS (Skin & Nerve Stimulation)
- Ignite Your Spirit (Energetic Healing)
- Indian Head Massage
- Ion Detoxing Foot Spa
- Iontophoresis
- Iridology
- ISIS Seichem Healing
- Japanese Seichem Therapy
- Joint Mobilisation (excluding spinal mobilisation)
- Juice Therapy
- Kinetricks
- Kinesiology
- Kinesis Myofascial Integration
- Lactation consultants
- Laser Acupuncture
- Laughter
- Life Alignment
- Life coaching
- Magnetic field therapy
- Massage
- Massage – Ancient Hawaiian Temple
- Massage - Baby
- Massage - Bamboo
- Massage - Chinese
- Massage - Connective Tissue
- Massage - Corporate
- Massage - Deep Tissue
- Massage – Hawaiian
- Massage – Hoffman
- Massage – Hot/Cold Stone
- Massage - Kahuna Style Massage
- Massage - Lomi Lomi
- Massage - Mobile
- Massage - Oncology Massage
- Massage - Pregnancy
- Massage - Remedial
- Massage - Swedish
- Massage - Tens Therapy
- Massage - Thai
- Massage - Ultrasound
- Matrix Energetics
- Medical Photographer
- Meditation
- Mental Health Skills Trainer
- Metabolic Free Radical Testing – Theratest
- Mora therapy
- Movement Therapy
- Moxibustion
Approved Modalities (continued)

You **must** be qualified in the modalities you practice to be covered. The following are all approved modalities.

- Muscle Tension Treatment
- Music therapy
- Myofascial release therapy
- Myofunctional Therapy
- Myopractic
- Myotherapy
- Natural fertility management
- Naturopathic medicine
- Naturopathy
- Neuro linguistic programming
- Neuro Muscular Technique
- Neurofeedback Brain Training
- Neuro-Linguistic Kinesiology
- Neurooptimal Training
- Neurospinologist
- Neuro-Training
- NIA
- Numerology
- Nutritionists
- Occupational Therapy
- Oriental Health Sciences
- Orthobionomy
- Patient Advocate
- Personal Trainers
- Phenolics
- Phlebotomist
- Phytotherapy
- Pilates
- Polarity therapy
- Pranic healing
- Professional Counsellors
- PSH therapy
- Psychotherapists
- Pulmonary and Lung Function Testing
- Push therapy
- Q2 therapy
- Qi Gong
- Quantum Touch
- Radiographer
- Raindrop technique
- Reconnective Healing
- Recreation therapy
- Reflexology
- Rehabilitation Consultants
- Reiki treatment
- Rekindled Ancient Wisdom
- Remedial therapy
- Reverse Therapy
- Rolfing Structural Integration
- Saliva Analysis
- Salt Therapy
- SCENAR
- Shiatsu
- Sleep Therapy/Somnology
- Social Worker
- Somatic integration therapy
- SoulCollage Facilitator
- Sound Healer
- Speech therapy
- Spiritual Direction
- Spiritual healing
- Sports Kinesiology
- Stress Management
- Stretch Therapy
- Structural Integration
- Tai chi
- Tens Machine
- Theta Healing
- Thought Field Therapy
- Tibetan Bowl Sacred Healing Sound
- Tibetan Medicine
- Time line therapy
- Tissue Salt Therapy
- Total Body Modification
- Touch for Health
- Toyohari
- Traditional Chinese medicine
- Transactional analysis
- Transpersonal & Emotional Release Counsellors
- Trauma Release Exercises (TRE)
- Trigger point therapy
- Ultra Sound Therapy
- Urine Analysis - excluding drug/alcohol testing
- Venepuncturist
- Vocational counselling
- Voice Dialogue
- Western Herbalist
- Whole Body Vibration Therapy
- Writing Therapist
- Yoga
- Zero Balancing
- Zumba

*Including group fitness excluding work in a gymnasium or studio that is owned or operated by you.