

Approved Modalities

You **must** be qualified in the modalities you practice to be covered. The following are all approved modalities.

- ☞ Accunect
- ☞ Accupoint therapy
- ☞ Acupressure
- ☞ Acupuncture
- ☞ Actively Ageing Practitioner
- ☞ Alexander technique
- ☞ Allergy testers
- ☞ Animal Therapy (excluding race horses)
- ☞ Antenatal Classes (excluding delivery advice)
- ☞ Aqua Aerobics
- ☞ Aqua Fitness
- ☞ Aquatic Resistance Training
- ☞ Aromatherapy
- ☞ AromaTouch
- ☞ Art Therapy
- ☞ Atlas Profilax
- ☞ Atlas Reconnect
- ☞ Attractor Field Therapy
- ☞ Audiologists
- ☞ Aura-kinetic training
- ☞ Auro soma
- ☞ Australian Bush Flowers Therapy
- ☞ Aviva Method
- ☞ Ayurveda
- ☞ Barre
- ☞ Bio Acoustical Utilization Device (BAUD)
- ☞ Biochemic Cell Salts
- ☞ Bio-Energetic Healing
- ☞ Biofeedback
- ☞ Biofrequency
- ☞ Biomagnetic
- ☞ Biomesotherapy
- ☞ Bio-Resonance Matching
- ☞ Body Balance
- ☞ Body Code Practitioner
- ☞ Body harmony
- ☞ Body talk systems
- ☞ Body Transformation
- ☞ Bowen Technique
- ☞ Boxercise (as part of fitness only - non body contact)
- ☞ Brain Gym
- ☞ Brandon Raynor
- ☞ Breathwork
- ☞ Brennan Healing Science – “Energy Healing Work”
- ☞ Building Biologist
- ☞ Buteyko breathing method
- ☞ Cellulite Treatment
- ☞ Chakradance
- ☞ Chi Ball
- ☞ Chi Gong
- ☞ Chi nei tsan
- ☞ Chinese herbal dispenser
- ☞ Chinese medicine
- ☞ Coaching
- ☞ Colon Hydrotherapy
- ☞ Colonic Irrigation
- ☞ Colour & Sound Vibration Therapy
- ☞ Colour therapy
- ☞ Counsellors
- ☞ Craniosacral therapy
- ☞ Crystal therapy
- ☞ Cupping
- ☞ Dance therapy
- ☞ Dancing For Birth
- ☞ Dental Hygienist
- ☞ Detox Foot Spa Treatments
- ☞ Diagnostic Sleep Study and CPAP Treatment Service
- ☞ Dietitians
- ☞ Diversional Therapy
- ☞ Dorn therapy
- ☞ Doula
- ☞ Drama Therapy
- ☞ Dry Needling
- ☞ Ear candling
- ☞ Ego State Therapy
- ☞ Electro acupuncture
- ☞ Embodiment of Yoga
- ☞ Emmett Technique
- ☞ Emotion Code Practitioner
- ☞ Emotional freedom techniques
- ☞ Endermologie
- ☞ Essences of Angels
- ☞ Exercise physiology
- ☞ Face Painting
- ☞ Facial harmony
- ☞ Feldenkrais
- ☞ Feng shui
- ☞ Flower remedies
- ☞ Focusing
- ☞ Food Coaching
- ☞ Frequency Specific Microcurrent (Bodyfield Analysis)
- ☞ Functional Facial Tapping
- ☞ Gym Supervision
- ☞ Gyrotonic
- ☞ Hahnemann Healing
- ☞ Halo Therapy
- ☞ Hand Therapy
- ☞ Healing energy
- ☞ Healing touch
- ☞ Heat Lamp Therapy (TDP)
- ☞ Hellerwork
- ☞ Herbal medicine
- ☞ Herbalists
- ☞ Holographic Kinetics
- ☞ Homeopathy
- ☞ Horstmann technique
- ☞ Hydrotherapy
- ☞ Hyperton-X
- ☞ Hypnobirthing (excluding delivery advice)
- ☞ Hypnotherapy
- ☞ Hyproxi Weight Loss
- ☞ IFAS (Skin & Nerve Stimulation)
- ☞ Ignite Your Spirit (Energetic Healing)
- ☞ Indian Head Massage
- ☞ Ion Detoxing Foot Spa
- ☞ Iontophoresis
- ☞ Iridology
- ☞ ISIS Seichem Healing
- ☞ Japanese Cosmo Facelift
- ☞ Joint Mobilisation (excluding spinal mobilisation)
- ☞ Juice Therapy
- ☞ Kinergetics
- ☞ Kinesiology
- ☞ Kinesis Myofascial Integration
- ☞ Lactation consultants
- ☞ Laser Acupuncture
- ☞ Laughter
- ☞ Life Alignment
- ☞ Life coaching
- ☞ Magnetic field therapy
- ☞ Massage
- ☞ Massage – Ancient Hawaiian Temple
- ☞ Massage - Baby
- ☞ Massage - Bamboo
- ☞ Massage - Chinese
- ☞ Massage - Connective Tissue
- ☞ Massage - Corporate
- ☞ Massage - Deep Tissue
- ☞ Massage – Hawaiian
- ☞ Massage – Hoffman
- ☞ Massage - Hot/Cold Stone
- ☞ Massage - Kahuna Style Massage
- ☞ Massage - Lomi Lomi
- ☞ Massage - Mobile
- ☞ Massage - Oncology Massage
- ☞ Massage - Pregnancy
- ☞ Massage - Remedial
- ☞ Massage - Swedish
- ☞ Massage - Tens Therapy
- ☞ Massage - Thai
- ☞ Massage - Ultrasound
- ☞ Matrix Energetics
- ☞ Medical Photographer
- ☞ Meditation
- ☞ Mental Health Skills Trainer
- ☞ Metabolic Free Radical Testing – Theratest
- ☞ Mora therapy
- ☞ Movement Therapy
- ☞ Moxibustion

Approved Modalities (continued)

You **must** be qualified in the modalities you practice to be covered. The following are all approved modalities.

- ☞ Muscle Tension Treatment
- ☞ Music therapy
- ☞ Myofascial release therapy
- ☞ Myofunctional Therapy
- ☞ Myopractic
- ☞ Myotherapy
- ☞ Natural fertility management
- ☞ Naturopathic medicine
- ☞ Naturopathy
- ☞ Neuro linguistic programming
- ☞ Neuro Muscular Technique
- ☞ Neurofeedback Brain Training
- ☞ Neuro-Linguistic Kinesiology
- ☞ Neurooptimal Training
- ☞ Neurospinologist
- ☞ Neuro-Training
- ☞ NIA
- ☞ Numerology
- ☞ Nutritionists
- ☞ Occupational Therapy
- ☞ Oriental Health Sciences
- ☞ Orthobionomy
- ☞ Patient Advocate
- ☞ Personal Trainers*
- ☞ Phenolics
- ☞ Phlebotomist
- ☞ Phytotherapy
- ☞ Phytotherapy
- ☞ Pilates
- ☞ Polarity therapy
- ☞ Pranic healing
- ☞ Professional Counsellors
- ☞ PSH therapy
- ☞ Psychotherapists
- ☞ Pulmonary and Lung Function Testing
- ☞ Push therapy
- ☞ Q2 therapy
- ☞ Qi Gong
- ☞ Quantum Touch
- ☞ Radiographer
- ☞ Raindrop technique
- ☞ Reconnective Healing
- ☞ Recreation therapy
- ☞ Reflexology
- ☞ Rehabilitation Consultants
- ☞ Reiki treatment
- ☞ Rekindled Ancient Wisdom
- ☞ Remedial therapy
- ☞ Reverse Therapy
- ☞ Rolfing Structural Integration
- ☞ Saliva Analysis
- ☞ Salt Therapy
- ☞ SCENAR
- ☞ Shiatsu
- ☞ Sleep Therapy/Somnology
- ☞ Social Worker
- ☞ Somatic integration therapy
- ☞ SoulCollage Facilitator
- ☞ Sound Healer
- ☞ Speech therapy
- ☞ Spiritual Direction
- ☞ Spiritual healing
- ☞ Sports Kinesiology
- ☞ Stress Management
- ☞ Stretch Therapy
- ☞ Structural Integration
- ☞ Tai chi
- ☞ Tens Machine
- ☞ Theta Healing
- ☞ Thought Field Therapy
- ☞ Tibetan Bowl Sacred Healing Sound
- ☞ Tibetan Medicine
- ☞ Time line therapy
- ☞ Tissue Salt Therapy
- ☞ Total Body Modification
- ☞ Touch for Health
- ☞ Toyohari
- ☞ Traditional Chinese medicine
- ☞ Transactional analysis
- ☞ Transpersonal & Emotional Release Counsellors
- ☞ Trauma Release Exercises (TRE)
- ☞ Trigger point therapy
- ☞ Ultra Sound Therapy
- ☞ Urine Analysis - excluding drug/alcohol testing
- ☞ Venepuncturist
- ☞ Vocational counselling
- ☞ Voice Dialogue
- ☞ Western Herbalist
- ☞ Whole Body Vibration Therapy
- ☞ Writing Therapist
- ☞ Yoga
- ☞ Zero Balancing
- ☞ Zumba

*Including group fitness excluding work in a gymnasium or studio that is owned or operated by you.