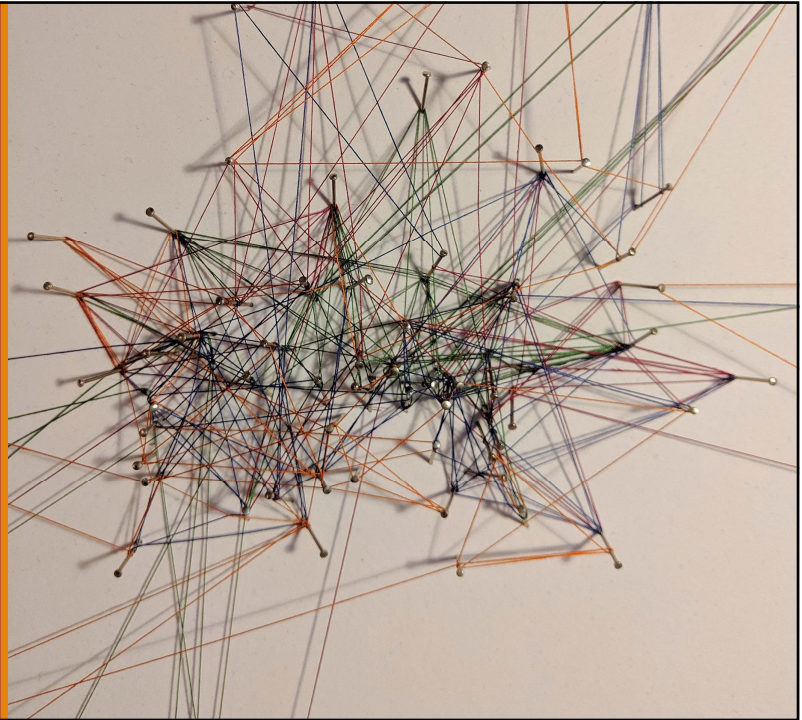


Tele-mental Health and DV/FV

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1

What are the issues?

Expected 25-30% increase in DV/FV (women and children)

Isolation is fertile ground for power and control

Confluence of stressors

Victim-survivors, especially children, are out of view

Reduced staffing and resources



2

Technology Safety

Technology opens avenues for abuse E.g. cyberstalking

Discuss Tech Safety with clients as a priority

Safety plan – include Tech safety

Phone or video conferencing sessions are not necessarily safe - Encryption is not foolproof

Use a safer computer/device/phone OR get a new device/phone

Create a new email or social media account

Change passwords and/or PINS where able to

3

National Resources



"Through our Telstra Safe Connections program, our service network has given out 10,000 smartphones to women."



4