

# Improving practice through scholarship and research

## ABOUT PACJA

The Psychotherapy and Counselling Journal of Australia is an international, peer-reviewed journal which aims to contribute to the evidence-base for counselling and psychotherapy.

PACJA publishes theoretical essays, experiential reports, and empirical studies featuring quantitative, qualitative, or mixed-method approaches.

PACJA encourages practitioners, researchers, students and educators to submit articles for publication. The process is intended to be supportive in order to mentor aspiring authors to contribute to the dissemination of research in the counselling and psychotherapy field.

## Visit the PACJA website

[www.pacja.org.au](http://www.pacja.org.au)

- News of forthcoming articles
- Online articles for current PACJA edition
- Archive of past PACJA editions
- Search function to search by author, edition and subject
- On-line submissions
- On-line author and reviewer guidelines



## EDITOR

**Petra Bueskens** (from 1 January 2013)

## EDITORIAL BOARD

**Dr Sally Hunter**  
*University of New England*

**Professor Ione Lewis**  
*Australian College of Applied Psychology*

**Professor Carolyn Noble**  
*Australian College of Applied Psychology*

**Elizabeth Riley**  
*Australian College of Applied Psychology*

**Annette Woodhouse**  
*Monash University, Latrobe Regional  
Hospital Mental Health Service*

**Eileen MacDonald**  
*National Mental Health Consumer and Carer  
Forum Representative*

## GET INVOLVED

- Access PACJA FREE online
- Submit articles using the simple online submission process
- Sign up as an on-line peer reviewer

**PACJA** | PSYCHOTHERAPY  
AND COUNSELLING  
JOURNAL OF AUSTRALIA

[www.pacja.org.au](http://www.pacja.org.au)

*The official e-Journal of PACFA, the Psychotherapy and Counselling Federation of Australia*