

College of Psychotherapy Membership: Application Form



Psychotherapy and Counselling
Federation of Australia

College of Psychotherapy

APPENDIX 1: ELIGIBILITY CRITERIA

ELIGIBILITY CRITERIA	
<i>Please confirm your eligibility for membership of the College of Psychotherapy by completing the below criteria:</i>	
<p>1. I currently hold Clinical level PACFA registration</p>	<input type="checkbox"/>
<p>2. I have completed an experiential course(s) with minimum 450 hours of direct training contact (theory and practice) in psychotherapy. I confirm that a <i>maximum</i> of two psychotherapy training courses have been included in this application. If two courses have been included in this application, I confirm that the core/primary training undertaken comprised at least 300 hours of direct contact training.</p>	<input type="checkbox"/>
<p>3. I confirm that training included in this application is in addition to the training undertaken to join PACFA originally. Please record the name of the training qualification used to obtain registration with PACFA: <input type="text"/> <i>If you are unsure which qualification was used to obtain registration with PACFA, please contact our office (via membership@pacfa.org.au) for assistance, prior to applying.</i> (Choose Option A or B) A. I confirm that the training qualification used to obtain registration with PACFA has not been used in this application. B. If using the same qualification, I confirm the training qualification/s (maximum two) provided in this application form include a minimum of 850 hours of direct contact training. <i>* The first 400 hours of training included in your initial PACFA application cannot be used again for the 450 hours required in psychotherapy to gain the RCP title.</i></p>	<input type="checkbox"/>
<p>4. I confirm that 200 hours of supervised client contact was completed during my training. <i>* Maximum 50% of this supervision may come from group supervision of no more than 6 group members.</i></p>	<input type="checkbox"/>
<p>5. I confirm that I have completed 50 hours of supervision during and post training.</p> <ul style="list-style-type: none"> › Group supervision comprises no more than 50% of my total supervision hours. <i>(Note: any group supervision may not have more than 6 group members).</i> › The supervision was completed within 8 years of commencement of the training/s. › The supervision was face-to-face (in person or online). › The majority of supervision was undertaken in the modalities which I have trained in. 	<input type="checkbox"/>
<p>6. I confirm that I have completed 150 hours of personal psychotherapy, either within or concurrently with training.</p> <ul style="list-style-type: none"> › The majority of personal psychotherapy hours were completed in the core recognised modalities I have trained in. › The therapy hours evidenced took place within/concurrently with training: <ul style="list-style-type: none"> - Hours may start from one year prior to commencement of training, must run concurrent to training, and must be completed within 5 years of the start of training. - Therapy hours should not exceed 5 years in total. › At least 120 of the therapy hours comprised one-on-one personal psychotherapy. <i>* Applicants may choose to evidence up to 30 hours of group therapy (with maximum of 6 participants).</i> › The psychotherapist providing the personal psychotherapy hours should have a qualification in the same psychotherapy modality and be practicing in the same modality. › The therapy hours have been evidenced by the Personal Psychotherapy Verification Form or by a letter from the relevant training institution. 	<input type="checkbox"/>