

Psychotherapy & Counselling Federation of Australia

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I started writing and editing this edition of eNews thinking there wouldn't be much news to report, the Christmas and New Year period being fairly quiet at PACFA. But, once I put my mind to work, I was pleased to discover there is actually lots of news - both recent achievements and new initiatives which are planned for 2012.

Importantly, the long-anticipated launch of the new National Mental Health Commission has finally happened and the new Commissioners are moving ahead with their first task, the National Report Card on Mental Health and Suicide Prevention. The Commission has said the Report Card will provide important data that will enable them to monitor whether services are working effectively and to deliver lasting outcomes for people with mental illness.

PACFA is excited about the launch of a new one-year campaign to increase recognition for counselling and psychotherapy by Private Health Funds. In this edition of eNews, read how you can support the campaign.

From 1 January, PACFA's 2012 Professional Training Standards and the new Supervision Training Standards became operational. Details are provided in the News section. Also in the News section are details of a major report I have just completed mapping PACFA's Professional Training Standards against similar standards for other peak bodies in Australia and overseas. The findings were that, overall, PACFA's Training Standards are lower than the standards for other comparable professions. The report has generated many recommendations for PACFA to consider and the Professional Practice Committees will be working through these in the coming year.

Our research agenda is moving steadily forward with the launch of 4 Literature Reviews which have been produced in partnership with Latrobe University. The reviews provide useful resources for practitioners working with clients with anxiety, depression, eating disorders or posttraumatic stress disorder. We are also advertising tender processes for more Literature Reviews as PACFA is undertaking literature reviews for a range of different therapy modalities as represented by the PACFA sections.

I encourage practitioners to get involved in the advancement of our profession by submitting an Abstract for the PACFA 2012 conference, which will take place in October. The conference theme is What Works: An exploration of effectiveness in counselling and psychotherapy.

We're also calling for articles for PACJA, the Psychotherapy and Counselling Journal of Australia (PACJA), which PACFA plans to launch during 2012. PACJA aims to publish articles that contribute to the evidence base of psychotherapy and counselling and we encourage practitioners, researchers, students and educators (even if you have never published before) to submit articles.

2012 looks like being a busy year in which PACFA has high hopes to make significant advances for recognition of the profession. I look forward to continuing to bring you news of our challenges and achievements.

Maria Brett
eNews Editor

President's Report



I hope our eNews readers had a wonderful and relaxing break over the Christmas and New Year period. The highlight of my break was flying to Antarctica for New Year's Eve and spending four hours over the continent, seeing the dolomite mountain ranges powdered with snow and glaciers flowing to the coast. Now I understand the need for 50 words for snow and ice! Blue ice, powdery snow, crystalline ice, the sea frozen in waves, pack ice, fast ice, channelling through the icy sea. It is such a cold summer this year that cruise ships will not be able to land as the sea around Antarctica has frozen and even icebergs are 'grounded' (captured in the ice). At 2am the sun dipped casting a beautiful golden glow over the ice and rose again.



I hope this year will be as much of an adventure for PACFA in breaking new ground. In June I am visiting New Zealand at the invitation of [PANZA: Psychosynthesis Aotearoa New Zealand Australia](#) to address their AGM on PACFA's work and the benefits of becoming a member association with PACFA.

Applications for Mental Health Practitioner listing from our Clinical Registrants are being assessed by Mental Health panels. We are seeking more members of Member Associations with Medicare Provider numbers to assess applications. Please contact Simone Beyfus on

simone.beyfus@pacfa.org.au if you can assist with assessing 3 to 5 applications.

We will be advocating for the inclusion of PACFA Mental Health Practitioners in the Access to Allied Psychological Strategies scheme with Mark Butler, the Minister for Mental Health this year.

At our next Board meeting on February 11 and 12 we have invited a marketing expert to talk to the Board on developing key messages to promote counselling and psychotherapy to the community, for example to enhance wellbeing and prevent mental illness. We plan to develop marketing strategies to implement over 2012. This is one of the Strategic Plan goals.

Professor Ione Lewis
PACFA President
iatpres@pacfa.org.au

Research Report



PACFA's Research Committee has an ambitious work plan this year and I am pleased to report we are making significant progress.

This month PACFA published 4 literature reviews which will strengthen the evidence-base for counselling and psychotherapy. The literature reviews were produced in partnership with Latrobe University, and are available for download at the PACFA website.

The literature reviews provide useful resources for practitioners working with 4 common presenting issues:

- Anxiety
- Depression
- Eating Disorders
- Posttraumatic Stress Disorder

The Literature Reviews are part of PACFA's Research Project, which has been funded by an anonymous philanthropic body.

Research Training Event

In conjunction with the PACFA Biennial Conference 2012, on Friday 26 October, the PACFA Research Committee is offering our Member Associations a one day, pre-conference Research Workshop presented by Professor Robert King. This workshop is offered free-of-charge for one representative from each PACFA Member Association and is an opportunity to develop knowledge about research and the evidence-base for counselling and psychotherapy. Robert King is Professor of Psychology and Coordinator of Clinical Psychology at Queensland University of Technology.

Research Tenders Open

PACFA is tendering for another four literature reviews. The deadline for submissions is 2 April 2012. The literature reviews are part of PACFA's research project, which aims to add to the evidence-base on the effectiveness of counselling and psychotherapy. Literature reviews are being undertaken on the therapy modalities in each the PACFA Sections. PACFA has funds of up to \$4,000 for each literature review.

Tender processes are now open for literature reviews on the following therapy modalities:

- Psychodynamic Psychotherapy
- Expressive Arts Therapies
- Experiential Therapy
- Body-oriented Psychotherapy

Previously, PACFA advertised tenders for two literature reviews on the effectiveness of the following therapy modalities:

- Psychoanalytic Psychotherapy
- General Counselling/Psychotherapy

As insufficient applications were received, the deadline for submissions for these literature reviews has now been extended to 2 April 2012.

All submissions should address the selection criteria set out in the tender documents, which are available at the [PACFA website](#). For further information about the tender processes, please contact the Executive Officer, Maria Brett, maria.brett@pacfa.org.au.

Dr Sally Hunter

Research Committee Chair
natresearch@pacfa.org.au

Feature Article

PACFA Launches Private Health Insurance Campaign

In 2011, PACFA was successfully assessed by Medibank Private and PACFA Registrants in private practice can now offer private health insurance rebates to clients with appropriate Medibank Private cover. The coverage provided to clients through Medibank Private is limited, however, and more work is needed to increase Medibank Private coverage and to extend rebates to the other major Private Health Funds.

PACFA is now launching a major campaign aimed at achieving greater recognition for PACFA Registrants by Private Health Funds. The campaign will run for the whole of 2012 and will have three main components:

1. Therapist and client campaign
2. Public campaign
3. Private Health Fund campaign

There are a number of factors that make the launch of this campaign timely. In the current policy context, mental health has become a prominent issue in the media, with a high level of public concern about the significant need for mental health services and the inadequacy of available resources. Most recently, the reduction in government funding for the Better Access scheme has led to concerns about reduced access to services through this scheme. This could potentially see a return of some clients to private counselling and psychotherapy. This choice will become much more viable for clients if all Private Health Funds offer rebates for counselling and psychotherapy under their Extras or Wellness cover.

Feedback from Medibank Private is that private health coverage for counselling and psychotherapy will only be increased where it can be demonstrated that there is customer demand for this. PACFA's Therapist and Client Campaign will therefore aim to demonstrate customer demand for Private Health Fund rebates for counselling and psychotherapy through a letter-writing campaign. PACFA Member Associations and their members are encouraged to participate in the campaign by inviting clients with private health insurance to sign letters to their funds, requesting rebates under their Extras or Wellness policies for counselling and psychotherapy.

The letter-writing campaign will also extend to the public domain using conventional media, social media and the PACFA website. Through the Public Campaign, PACFA will aim to reach members of the general public who are already therapy clients (or who are potential therapy clients). Pro-forma letters will be available for download at the PACFA website.

PACFA will also build partnerships with other organisations in the mental health sector to gain wider public attention for the campaign and to strengthen the impact of our approaches to Private Health Funds. The Private Health Fund campaign will involve making formal submissions to the major Private Health Funds to seeking recognition of PACFA Registrants and rebates for their clients under Extras or Wellness policies.

Initially, the campaign is focusing on 8 of the major Private Health Funds: Australian Health Management, Australian Unity, BUPA, GMHBA, HBF, HCF, Medibank Private and NIB. Other funds will be added later in the year once the campaign takes off.

This is an ambitious campaign for PACFA to undertake but this multi-faceted and targeted approach will give PACFA the best chance possible for success. PACFA encourages as many people as possible to get involved in the letter-writing campaign.

Pro-forma letters are now available at the PACFA website for [download](#), together with instructions detailing how Member Associations, therapists and clients can get involved.

Open for Business - the new National Mental Health Commission

On 24 January 2012, the Minister for Mental Health and Ageing, Mark Butler, officially launched Australia's new Mental Health Commission. This has been welcomed by PACFA as it represents a significant development that gives mental health the recognition it has long deserved.

PACFA will be writing to the new CEO of the Commission, Ms Robyn Kruk, to offer our support and assistance to the Commission for its important work.

Professor Allan Fels, Chair of the Commission, will work with eight other Commissioners:

- Mr Peter Bicknell
- Ms Jackie Crowe
- Dr Pat Dudgeon
- Professor Ian Hickie AM
- Mr Rob Knowles AO
- Ms Janet Meagher AM
- Ms Samantha Mostyn
- Professor Ian Webster AO

The Commission will initially focus on Australia's first National Report Card on Mental Health and Suicide Prevention.

Mr Butler said "One of the Commission's first priorities will be to deliver the first annual National Report Card on Mental Health and Suicide Prevention – a key election commitment of the Gillard Government. This is important data that will allow us to monitor whether services are working effectively to deliver lasting outcomes for people with mental illness."

"The Commission will put Australia's mental health services under the spotlight. It will bring much needed transparency to our system – it will give us insights into service gaps, where we need to do more and where services are working and working well."

Professor Fels said "The new Commission will advocate for the needs of consumers and carers, which should be at the front and centre of policy making. We want to ensure these needs are given the priority they warrant by all levels of government."

For more information, visit www.mentalhealthcommission.gov.au/

New PACFA Training Standards

A key role of PACFA is setting training standards for the counselling and psychotherapy profession. PACFA's Professional Training Standards are reviewed regularly to ensure they reflect current expectations of the profession and of the wider community.

Following approval of PACFA's 2012 Professional Training Standards at the PACFA AGM in August 2011, the new standards are now operational and are available for [download](#) at the PACFA website. The changes to the standards were needed to clarify some details in the standards but the actual training requirements have not changed substantially.

New Training Standards for the training of supervisors are also effective from 1 January 2012 and are also available for [download](#) at the PACFA website. These are minimum standards for those setting up a supervision training.

It was also agreed at the last AGM to set up a register for suitably qualified supervisors with a long transition period of 5 years. PACFA is currently developing the application process and an announcement will be sent out to PACFA Member Associations once applications open with full details of the criteria required. This is a voluntary register and practitioners are still free to choose their supervisors, regardless of whether the supervisor is PACFA accredited.

Mapping training standards for the profession

In my role as PACFA Executive Officer, I recently completed a project to map PACFA's Professional Training Standards against comparable standards for similar professions in Australia and internationally. The report was commissioned by ACAP (Australian College of Applied Psychology) to inform their curriculum development but has also been of great benefit to PACFA as it considers the ongoing review and further development of its standards.

The project considered the following questions:

1. To what degree are the PACFA Training Standards, Supervision Training Standards, Mental Health Practitioner Competencies and Professional Development requirements comparable to other professional associations and disciplines?
2. What are the gaps and deficits in the PACFA Training Standards in relation to:
 - Acknowledgement of Indigenous history
 - Use of technology in education
 - Mental health
 - Working with involuntary clients
 - Working with children and young people
 - Training in ethics

The project reviewed relevant standards from Australia, the UK and the USA and covered a range of professions: counsellors, psychotherapists, social workers and psychologists. Documents from the following organisations were included within the scope of the project:

- PACFA – Psychotherapy and Counselling Federation of Australia
- AASW – Australian Association of Social Workers
- APAC – Australian Psychologists' Accreditation Council
- APS – Australia Psychological Society
- ACA – Australia Counselling Association
- BACP – British Association of Counselling and Psychotherapy
- CACREP – Council for Accreditation of Counseling and Related Programs (USA)

The findings of the mapping exercise highlight the strengths and weaknesses of PACFA's Professional Training Standards, and of other PACFA standards considered, and makes recommendations to PACFA to address the issues highlighted.

The analysis shows that, overall, PACFA's standards are lower than most other comparable standards considered, highlighting the need for PACFA to consider raising its training requirements. Notably, training requirements for psychologists in Australia and for counsellors and psychotherapists in both the USA and United Kingdom are considerably higher than PACFA's requirements.

PACFA's standards are in most respects broadly similar to those of the Australian Counselling Association (ACA), the other peak body for counselling and psychotherapy in Australia, although PACFA's standards are in some respects higher than ACA's. However, PACFA differs from ACA in that PACFA does not require training to meet the requirements of the Australia Qualification Framework (AQF), whereas ACA does.

While the recommendations are too numerous to include in eNews, some of the key recommendations are reproduced below. All recommendations arising from the report will be considered by PACFA's Professional Practice Committees. Any formal proposals which may emerge will be tabled before the PACFA Council for discussion and consideration in accordance with PACFA's governance processes.

Maria Brett
PACFA Executive Officer

Key Recommendations

1. Review the PACFA Course Accreditation Guidelines and Professional Training Standards to ensure they work as a package, with the Guidelines providing a clear process for accreditation of courses that does not duplicate the training requirements, which should be set out in full in the Professional Training Standards.
2. Consider raising PACFA's Professional Training Standards to bring them in line with comparable standards within Australia and overseas, in particular:
 - Increase theoretical teaching time in line with other comparable standards.
 - Increase the client contact hours required during training to at least 100 hours (closer to the BACP requirement but still higher than ACA and lower than all other standards mapped), with appropriate transitional arrangements.
 - Consider adding 50 hours of work-based learning in addition to the client contact hours (in line with BACP but still lower than other standards mapped).
3. PACFA could develop a comprehensive Professional Development Scheme that sets standards around PD, accredits PD activities offered by PACFA, its Member Associations and other providers, allocates points to accredited and non-accredited PD activities based on their training value, and provides clear processes and criteria for determining which PD activities can be counted under the scheme. The scheme should operate on a full cost-recovery basis.
4. PACFA's Training Standards should have explicit requirements for training in Indigenous awareness and the acknowledgment of Indigenous history, and should emphasise practice skills to work with ATSI clients.
5. References in the Professional Training Standards to cultural diversity should be strengthened with more explicit requirements for training in cultural competencies.
6. Consider adding an additional section to the PACFA Mental Health Competencies detailing the range of evidence-based interventions that Mental Health Practitioners use, in addition to the specific interventions required to work with the Better Access and ATAPS schemes funded by Medicare Australia.
7. PACFA Mental Health Competencies should make explicit the competencies required to work with involuntary patients.
8. PACFA could consider including specific sections in its Professional Training Standards for practitioners who are training to work with children/young people, and families/couples, and to create new Register categories for these areas of specialisation.

Evaluation of PACFA Mental Health course

During 2011 PACFA offered clinical registrants the opportunity to enrol in an on-line Mental Health Course. The online course, which is run in conjunction with the University of Canberra, covers the topics of mental health and illness, assessment and intervention, ethics and consumer centred models of care. Participants complete the course at their own pace over a two week period using the Moodle e-learning system. Teaching and learning approaches include audio-visuals, case studies, recorded lectures, online communication threads and facilitated discussions.

PACFA has conducted a formal evaluation of the first two courses – thank you to all registrants who participated in the evaluation process. The full [Evaluation Report](#) is available at the PACFA website.

Overall, feedback for the courses has been very positive. Participants have found the course to be well organised, interesting and thought provoking. Highlights include the presentation of different models of assessment, information on legislation, industry expectations and learning about mental health from a consumer's perspective.

Participants were asked to evaluate the course on a scale of 1 to 5.

Question	Score Range	Average Score
How would you rate the content of the course?	3-5	3.82
How relevant was the course for your therapy work?	2-5	3.60
How was the Moodle system to use?	2-5	3.30
How useful was the support provided by the online tutor?	2-5	4.10
How would you rate the course overall?	3-5	4.13

Highlights:

- 73.9% of respondents said the course was highly relevant to their work as therapists
- 91.3% of respondents scored the content of the course very highly
- 80.95% of respondents said the Moodle system was very easy to use
- 80% of respondents scored the support given by the online tutor very highly
- 80.95% of respondents gave the course a very high rating overall
- 86.95% of respondents indicated that they would do an online course with PACFA again.

Participants commented on some of the most useful aspects of the course:

“the experience of the other participating therapists who were so generous in sharing their knowledge and resources.”

“Excellent quality and quantity of standard information made available to us, including video presentations which I found helpful.”

“Insight and understanding into the process of assessment, intervention and consumer perspective on mental health.”

“The readings provided were very relevant. The case studies were also good as a context to discuss mental health issues. “

“Information on legislation, protocols and industry expectations.”

The course participants reported that they received a lot of support from the Course Tutor, Mental Health Nurse Catherine Hungerford. Participants reported that Catherine was very available and continually offered interesting responses from her own experience in the area of mental health.

"The online tutor was superb, working with such a wide range of participants who had their own areas of understanding."

"She made the course totally vibrant, relevant, alive, personal and more interesting."

"She is very experienced, committed, authentic and available."

Due to the consistently high demand for places on the Mental Health Practitioner course, PACFA has increased the number of courses that it will offer during 2012 to one each month. The course costs \$220 and can take a maximum enrolment of 15 people. If you would like to express interest in the course, and be placed on the waiting list, please contact caroline.lindsay@pacfa.org.au.

Call for Abstracts - PACFA Conference 2012

PACFA is calling for Abstracts for its 2012 conference on the theme "What works? An exploration of effectiveness in counselling and psychotherapy". The conference is taking place at the Treacy Centre, Parkville, Melbourne on Saturday 27 and Sunday 28 October 2012.

The 2012 PACFA Conference is an opportunity for practitioners from all of PACFA's Member Associations to share their knowledge and experience and to learn more about what really works in counselling and psychotherapy. It is increasingly important for the counselling and psychotherapy profession to understand and be able to articulate which therapy modalities and interventions are effective for clients. We can then deliver more effective therapy to our clients and raise the profile of our profession, and the services we provide, with government and in the community.

Abstracts are to be submitted by 30 April 2012 to the PACFA Operations Manager, simone.beyfus@pacfa.org.au.

- Abstracts must be relevant to the effectiveness of counselling and psychotherapy.
- Abstracts are to be for 90 minute workshops or for papers of either 30 or 45 minutes.
- Abstracts should be no more than 1000 words and not less than 500 words, providing a brief outline of your proposed paper or workshop.
- Abstracts on specialty subjects such as counselling and psychotherapy research and on specialist therapy modalities are encouraged. Interstate and international presenters are also encouraged to submit.

For more details of the requirements to submit Abstracts, please download the [Call for Abstracts](#) document from the PACFA website.

Call for articles - PACJA

PACFA is calling for articles for the first edition of *The Psychotherapy and Counselling Journal of Australia (PACJA)*, PACFA's official e-Journal. PACJA's aim is to publish articles that contribute to the evidence base of psychotherapy and counselling in the form of theoretical essays, experiential reports, and empirical studies featuring quantitative, qualitative, or mixed-method approaches.

PACJA encourages practitioners, researchers, students and educators (even if you have never published before) to submit articles for publication. The process is intended to be a supportive in order to mentor aspiring authors to contribute to the dissemination of knowledge in the counselling and psychotherapy field.

Dr Adam Rock
PACJA Editor

Editorial Policy:

- All PACJA manuscripts (10,000 words maximum inclusive of references) and an abstract not exceeding 150 words can be submitted electronically to editor-pacja@pacfa.org.au
- Manuscripts must be formatted as a Word document or similar (Microsoft or Macintosh compatible).
- Authors should include a separate page with manuscript title, name(s) of author (s), and contact information (postal and email addresses, phone, fax). Author identification should not appear on the manuscript itself.
- Upon submission, the manuscript should be completed with references and tables and figures (if any), and follow APA style (6th edition).
- As the PACJA is peer-reviewed, authors must be prepared to address comments and make required changes to their manuscripts.
- Once the article is accepted for publication, the author (or first author if the article is a co-authored submission) will be notified of an approximate publication date, where upon it will be understood that permission to print is granted (unless the author and/or co-authors withdraw). Upon publication PACFA holds copyright of the article.

Classifieds and Professional Development

eNews Advertising Policy

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IDT FOUNDATION COURSE TRAINING 2012

City	Unit One	Unit Two
Adelaide	1-2 March	5-6 March
Sydney	22-23 March	26-27 March
Brisbane	12-13 April	16-17 April
Newcastle	24-25 May	28-29 May
Geelong	24-25 May	28-29 May
Toowoomba	29-30 June	2-3 July
Canberra	5-6 July	9-10 July
Blue Mountains	26-27 July	30-31 July
Adelaide	23-24 August	27-28 August
Brisbane	25-26 October	29-30 October
Sydney	25-26 October	29-30 October
Melbourne	25-26 October	29-30 October

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IDT Foundation course are fully accredited to earn P.D. points



Australian Somatic Psychotherapy Association (ASPA)

2012 Professional Development

Clinton Power presents **"Marketing your Psychotherapy Practice"**

WHEN: 7.00pm - 9.00pm Friday 2 March

Eva Papadopoulou will run an experiential evening using TRE (Trauma Release Exercises) as a tool in working with clients

WHEN: 7.00pm - 9.00pm Friday 4 May

Bookings/details: Krythia Eastwood 0412 313 085

Consulting Room for Rent - Fairfield Vic

Attractive good-sized room available full-time in friendly three-room counselling/psychotherapy practice, ten minutes walk from Fairfield Station.

Furnished, heater/aircon, waiting room, ample parking. Rent \$1,200 pcm, incl.GST, cleaning and all utilities. Sub-letting possible.

For information contact Gena Fawns on 0409 865 364 or gena@netspace.net.au.



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Module 1A	03/04 May	Sydney
Module 1B	20/21 June	Sydney
Module 2	21-24 August	Sydney
Module 3	04-07 December	Sydney

Module 1A is a two day workshop and can be taken independently without proceeding further with the training

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FOR COUPLES
Sydney 23/24 June 2012**

Presented by : Brenda Rawlings, Clinical Instructor and Faculty Member of the Imago International Institute

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QUEENSLAND COUNSELLOR ASSOCIATION INC (QCA)

2012

Professional Development opportunities

"The Interface between the Therapeutic Relationship and Neuroscience"

Presenter : Dr Brian Sullivan

WHEN: 5.00pm - 7.00pm Friday 3 February

"Mindfulness: Waking up to the life that you have"

Presenter : Alison Keane

WHEN: Half Day Saturday 16 February

"Supervision: Getting to grips with the new requirements - QCA Committee"

WHEN: 5.00pm - 7.00pm Friday 2 March

"Interactive Drawing"

Presenter : Florence Ee

WHEN: 5.00pm - 7.00pm Friday 30 March

Bookings/details: Ph: 0411 468 369 Email: qca@qca.asn.au

Website: www.qca.asn.au



UNIVERSITY OF NEW ENGLAND

Senior Lecturer in
Counselling

School of Health

The School of Health at the University of New England comprises an inter-disciplinary team offering courses in Counselling, Social Work, Complementary and Allied Health, Health Management and Nursing. The Counselling program offers a Graduate Certificate in Mental Health Practice, a Graduate Diploma in Counselling for Health and Social Care, a Master of Counselling and a Master of Clinical Counselling, as well as Research Masters and PhD degrees. The Counselling coursework programs consistently attract a large number of students from around Australia and are offered by distance education with intensive residential components.

The successful applicant for this role, will be expected to make a strong contribution to the counselling programs, in particular by performing the role of Course Coordinator. He/she will have a PhD in counselling or a closely related field with eligibility for full membership of the Psychotherapy and Counselling Federation of Australia, the Australian Counselling Association, the Australian Psychological Society or the Australian Social Workers Association and a minimum of five years post-qualifying counselling practice experience. The applicant will have experience in teaching, leadership and curriculum development at the tertiary level and will be able to demonstrate knowledge and expertise in contemporary counselling practice.

This position would ideally suit someone who wishes to retain their career focus while also having the desire for a life-style change in beautiful Armidale. Armidale is a unique rural centre in the heart of the New England district of Northern New South Wales, Australia. It is a university city with a sophisticated lifestyle surrounded by the state's most magnificent national parks and some of its best grazing land (see www.armidaleregion.com.au).

Enquiries may be directed to Professor Steve Campbell, Head of School, School of Health on (02) 6773 3436 or hoshealth@une.edu.au

Salary: \$94,616 to \$108,953 per annum (Senior Lecturer)
plus 17% employer superannuation and optional salary packaging

Closing Date: 29 February 2012

Reference No: 212/015

The full advertisement, including selection criteria that must be addressed, may be obtained from www.une.edu.au/recruit or by phoning Human Resource Services, (02) 6773 3972.

www.une.edu.au

Equity principles underpin all UNE policies and procedures.

Counsellors and Psychotherapists
Association of NSW inc (CAPA)

2012 Conference

The conference "Dimensions of Diversity" builds on the success of its previous biannual conferences which have reinforced CAPA NSW's leading edge status in counselling and psychotherapy.

2-3 June 2012 at the Novotel Sydney Brighton Beach,
NSW, Australia.

For more details email: CAPA@conferenceaction.com.au

CASA Professional Development 2012

FEAR FACTOR

What every counsellor ought to know about working with fear and anxiety.

Presented by Robert Bullock

When: Feb 18 (Saturday) 2:00 pm - 5:00 pm

Where: Education Development Centre, Hindmarsh

Cost: Free for CASA members

\$75.00 for non-members

For further details, visit our [website](#)

CASA Annual Conference

"Signs of the Times"

Are therapists keeping pace with the rapid changes in the media, cyber-communication and our modern society?

When: April 28 All Day

Where: Education Development Centre, Hindmarsh

Australian Association of Buddhist Counsellors
And Psychotherapists

Continuing Education Meeting 'The Nexus between Spirituality and Psychotherapy: Moments of magic are when science meets psychotherapy and psychotherapy meets spirituality'

Presented by Genevieve David

When: FEBRUARY

For more details go to

www.buddhismandpsychotherapy.org/events

PACFA eNews Advertising Guidelines

PACFA eNews is the electronic newsletter from the Psychotherapy and Counselling Federation of Australia that is published bi - monthly and also available on the PACFA [website](#).

Schedule of Issue 2012

January: Submissions received by 15th January for publication end of January
March: Submissions received by 15th March for publication end of March
May: Submissions received by 15th May for publication end of May
July: Submissions received by 15th July for publication end of July
September: Submissions received by 15th September for publication end of September
November: Submissions received by 15th November for publication end of November

Bookings and Payment

Please provide your advertisement and booking form before the submission date. All prices include GST and payment is required at the time of booking advertisements. Please forward payment with your Booking Form.

Rates

UNIT	SIZE (width x height)	PRICE
Full page	20cm x 27cm	\$530 (Includes GST of \$48.18)
½ page (horizontal)	20cm x 13.5cm	\$330 (Includes GST of \$30.00)
½ page (vertical)	10cm x 27cm	\$330 (Includes GST of \$30.00)
¼ page	10cm x 13.5cm	\$150 (Includes GST of \$13.64)
1/8 page	5cm x 6.75cm	\$110 (Includes GST of \$10)
Line items	Up to three rows	\$55 (Includes GST of \$5)

Special Offer

- o Book your advertisement for 2 consecutive editions of the PACFA eNews and receive a 15% discount off the total cost.
- o Book your advertisement for 3 consecutive editions of the PACFA eNews and receive a 20% discount off the total cost.
- o Book your advertisement for 4 consecutive editions of the PACFA eNews and receive a 25% discount off the total cost.
- o MA's receive an additional 5% discount on these special rates

Special Offer for PACFA Member Associations

- o All PACFA Member Associations may include details of forthcoming conferences and professional development opportunities in the PACFA eNews. There is no cost to Member Associations for these line ads.
- o Member Associations are entitled to a 5% discount on the advertised rates.

All advertising - both free and paid advertising – must be sent to enews@pacfa.org.au within the timeframe specified

Artwork

Artwork is to be sent to the PACFA office as an email attachment. Preferred document types: jpeg or pdf. For full Advertising Guidelines please see the PACFA [website](#) or email enews@pacfa.org.au

Submission of News and Articles

We welcome your feedback and input in the form of news, views, poetry, letters, articles etc. Please forward these to Julia Bilecki at enews@pacfa.org.au